

**NORTH CENTRAL RAILWAY**

**NCRPS-6084/2021**

Headquarter Office  
-Subedarganj, Prayagraj

No. 797-E/Policy/2021/Medical

dated: 29.10.2021

All PHODs / CHODs, NCR HQ office, Prayagraj,  
Divisional Railway Manager AGRA, JHANSI & PRAYAGRAJ,  
CMS/PRYJ, AGC, JHS, CNB, CWM/JHS WS, CWM/ MLR WS, CWM/ RSK/STLI,  
CWM/CPOH Prayagraj,  
Sr.DPO AGRA, JHANSI & PRAYAGRAJ, Dy.CPO/Const PRYJ, DyCPO/WS/JHS,  
SPO/MLR, APO /RSK/STLI, CEE/WS/ JHS, Dy.CE/WS/JHS, Dy.CMM/GSD JHANSI,  
Dy.CE/ Bridge Line JHANSI AGRA, Prayagraj, Dy.CE/ TMC Line JHANSI DyCE / CSP  
Prayagraj, Staff Officer/RPF/NCR/HQ/Prayagraj. Dy FA&CAO/G/NCR, Principal- ETC/  
Kanpur. Principal- IRTMTC / Prayagraj, Principal- CITA / Kanpur, Principal- Supervisor  
Training Centre /Jhansi, Principal- Area Training Centre/Jhansi, Principal- Transportation  
Training Centre, Subedarganj / Prayagraj, Principal- Basic Training Centre, Loco/Jhansi,  
Principal- BTCC&W/Jhansi, Principal- BTC, Wagon Workshop/Jhansi, Principal- C&W  
training Centre/ Kanpur, Principal- Permanent Way Training Centre/JHS, Principal- Electric  
Training Centre/TRD/Jhansi.

**Sub:** CPR Training session for the Railway employees throughout  
India.

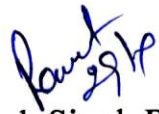
**Ref:** Railway Board Letter No. 2021/E(Trg)/11/1 dated 22.10.2021.

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Copy of Railway Board's letter no. 2021/E(Trg)/11/1 dated 22.10.2021 alongwith its  
enclosures, is annexed herewith for further necessary action.

Policy Letter Circulated under NCRPS is also be available on website  
[www.ncr.indianrailways.gov.in](http://www.ncr.indianrailways.gov.in) (About us→Department→Personnel→NCR Policy Circulars).

**DA:** as above

  
(Lavkush Singh Rawat)  
**APO/IR**  
For General Manager/P

- C/- Secretary to GM for kind information to General Manager.
- C/- Secretary to AGM for kind information to AGM.
- C/- All Personnel Officer in HQ.
- C/- All Recognized Union and Associations



**Government of India (Bharat Sarkar)**  
**Ministry of Railways (Rail Mantralaya)**  
**(Railway Board)**

No. 2021/E(Trg)/11/1

New Delhi, Dt. 22.10.2021

The General Managers,  
All Indian Railways/Production Units  
CORE/Allahabad, Metro Railway/Kolkata

The Director Generals/Director,  
RDSO/Lucknow,  
All Central Training Institutes.

The Chief Administrative Officers,  
Diesel Loco Modernisation Works/Patiala.  
COFMOW/New Delhi.

*PCP*  
*26.10.21* Pl. circulate for  
information of all  
*CP/IR*  
*26.10.21*  
*APD/IR*  
*PTC/IR*  
*26.10.21*

**Sub: CPR Training session for the Railway employees throughout India.**

Holy Family Hospital, Bandra West, Mumbai has launched the iCARE project to provide crucial knowledge and hands-on training related to CPR during the case of emergency. These sessions are now available online as well.

2. **Webinar Contents:** Each Webinars organized for IR personnel includes the following:

- i) How to recognize Sudden Cardiac Arrest
- ii) Learning the techniques of Resuscitation (CCR/hands only CPR)
- iii) How to make use of the life saving device called an Automated External Defibrillator (AFD).

3. Under Project iCARE, Holy Family Hospital, Bandra West, Mumbai has already had hands on live sessions at some Railway premises. It has now been decided to conduct the sessions under the initiative of Project iCARE for IR IR officials throughout the Pan India. The Team for iCARE Holy Family hospital Mumbai who would be conducting the workshop :

- (i) Ms. Sumaiya Raghavan – Operations head
- (ii) Mr. Anand Shrivastav – Project Director

The duration of the session will be one hour after which the team would address questions from the attendees.

4. **Course fees:** The webinar will be free of cost.

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5. Railways are requested to conduct online webinars for their employees in consultation with the iCARE Holy Family hospital Mumbai.



(Jitendra Kumar)  
Dy. Director, Estt(Trg)  
Railway Board  
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**Copy to:**

1. Ms. Sumaiya Raghavan - Operations head, iCARE, Holy Family Hospital Ext., Hill Road, Bandra West, Mumbai - 400050.
2. Mr. Anand Shrivastav - Project Director, iCARE, Holy Family Hospital Ext., Hill Road, Bandra West, Mumbai - 400050.